

# Nursery TEACHERS TRAINING ( NTT )



# **Chapter 1: Introduction to Early Childhood Education**

Nursery Teacher Training -  
Semester 1

Based on E-MAX INDIA Curriculum

# Definition of ECE

- Education provided to children from birth to 8 years of age.
- Goal: Holistic development (physical, mental, social, and emotional).
- Learning facilitated through play, activities, and social interaction.

# Importance of Early Childhood Development

- Sensitive and crucial stage: 90% of brain capacity develops here.
- Physical: Rapid growth; foundation of a healthy body.
- Cognitive: Rapid brain cell connection; language development.
- Social/Emotional: Foundation for self-confidence and social skills.

# Key Principles of Child Development

- Holistic: Integrated process of all growth areas.
- Sequential: Follows a specific order (Physical → Mental → Social).
- Continuous: Development is a never-ending, ongoing process.
- Individual Differences: Every child is unique in their rate of growth.

# Stages of Development (Birth – 3 Years)

- Infancy (0–2 Years): Rapid physical growth; attachment to parents.
- Toddlerhood (2–3 Years): Increased mobility (run/jump); early sentence use.

# Stages of Development (3 - 12 Years)

- Early Childhood (3-6 Years): Most active stage; high social peer interaction.
- Middle Childhood (6-12 Years): Complex thinking; stronger social identity.

# Role of Educators and Parents

- Educators: Manage curriculum, teach social behavior, and provide emotional support.
- Parents: The 'first teachers'; instill values and provide safety/care.

# Influence of Environment

- Physical Environment: Clean/safe areas promote health and activity.
- Psychological Environment: Love and care build self-confidence; stress leads to anxiety.

# Major Theories of Child Development

- Piaget: 4 Stages (Sensorimotor, Preoperational, Concrete, Formal).
- Erikson: Psychosocial stages (e.g., Trust vs. Mistrust).
- Vygotsky: Sociocultural context and 'Scaffolding'.

# Importance of Play

- Mental: Enhances problem-solving and imagination.
- Physical: Improves fine and gross motor skills.
- Social: Teaches teamwork, cooperation, and relationship building.

# Current Trends in ECE

- Use of Technology: Interactive screens and educational apps.
- Inclusive Education: Equal opportunities for children with special needs.
- Nature-based Education: Learning through outdoor activities and gardening.